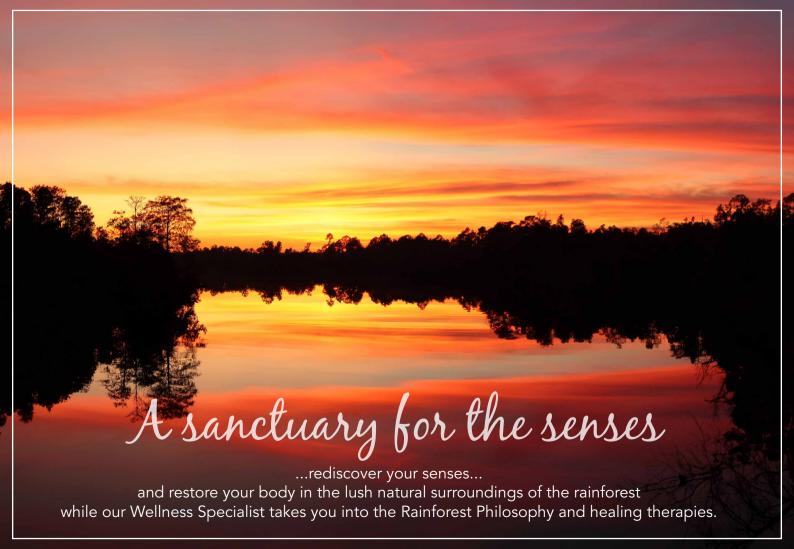




# **MASSAGE TREATMENTS**

Discover a new world, explore one of the best kept secrets in the Peruvian Amazon & be rejuvenated by nature itself.



## **WELLNESS TREATMENTS**

Rejuvenate by nature itself, we at Delfin Amazon Cruises believe everybody deserves to relax in the Amazon so we've made relaxation convenient. We offer flexible appointment times to fit the schedules of your trip in the convenience and privacy of your suite or in our spa. Please, see our Wellness Specialist or Cruise Director to make an appointment.

# > Essence of the Amazon Massage

We will work on your body's deep muscles, easing and soothing aches and pains. It rejuvenates and restores balance to your body after a full day exploring the Amazon. Let us pamper you while we embrace local traditions and the use of medicinal herbs and roots. Our Wellness Specialist embraces the Amazon healing powers in this relaxing massage.

45 minutes - USD \$50.00

## > Rainforest tender touch massage

The Rainforest gets us in the mood to get in touch with nature, and our Tender Touch Massage connects us to the energy of the ancient traditions of the Rainforest. Just relax, lay back and be pampered while listening to the sounds of nature. This is an ideal treat, with your choice of essential oils based on local plants and fruits.

45 minutes - USD \$50.00



#### > Hand and foot treatment

Restore balance and vitality with a nurturing Hand and Foot Massage. It is just right for a quick pick me up in between your cruise activities. Firm pressure is used to stimulate the reflex points in your hands and feet, for a sense of balance and well-being.

30 minutes - USD \$40.00

## ➤ Bora facial

The Boras, a local Amazonian tribe, have for centuries benefitted from the wealth of medicinal plants in the Rainforest. Our Wellness Specialists have designed a facial treatment, with a light exfoliation, mask and massage, to refresh your look, while learning about the healing powers of our Amazon.

45 minutes - USD \$40.00



#### ➤ Manicure

Make a statement with well-groomed nails. Cleanse and shape your nails, trim the cuticles, exfoliate with local salts, massage and then finish off with a buff or polish. This manicure is available for men and women.

30 minutes - USD \$15.00

## ▶ Pedicure

Treat your toes! This wonderful pedicure begins with a relaxing soak and continues with exfoliation of dead skin, nail shaping, cuticle work, massage and buff or polish. This pedicure is available for men and women.

30 minutes - USD \$20.00





Massage Attire: Bath robes are available in your suite. Our Wellness Specialist provide you with disposble undergarments or you may wear your bathing suit. Our Wellness Specialist will always use draping techniques to respect your privacy while enjoying your treatment. If you wish to have it in the total privacy of your suite you may choose what is most comfortable for you. Please advise your Cruise Director in advance so he can make proper arrangements with your cabin steward.